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IN VITRO ANTILEISHMANIAL ACTIVITY OF DIPLAZIUM ESCULENTUM

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ABSTRACT: Many reports are available to believe that flora and fauna are being used by local people in India for treatment of diseases like leprosy, blood pressure, rheumatic disorders and also for several ailments but practically there is no scientific evidence to believe the miraculous cure that being taken place. The treatment of visceral leishmaniasis with available drugs is limited. Moreover no vaccine has been identified till date. The existing drugs are very much toxic and none of them are free from side effects. To make the situation worse some of the parasite strains have developed resistance against the classical antimonial drugs. Resources from North Bengal is more or less unexplored to discover alternative medicines which may be successfully applied to treat diseases like leishmaniasis for which there is a need for new drug development. In an attempt to develop new indigenous drugs against leishmaniasis, we have screened aqueous leaf extract of Diplazium esculentum and tested in vitro to assess its potential. Aqueous extracts showed 100% inhibition in growth at a concentration of 80 mg/ml. However at a lower concentration of 50 to 60 mg/ml, promastigate growth was inhibited by 60-75%. with a IC₅₀ of 40 mg/ml. The action of *Diplazium* esculentum as a chemotherapeutic agent is found to be mediated through inhibition of superoxide dismutase and simultaneous release of toxic superoxide radical. We propose that Diplazium esculentum may be considered as a prospective candidate to establish a better line of therapeutic process against visceral leishmaniasis.

KEYWORDS: Medicinal plant, *Leishmania*, *Diplazium esculentum*, Superoxide dismutase.

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1.INTRODUCTION

Leishmaniasis are tropical and subtropical parasitic diseases which affect nearly 12 million people with an annual incidence of two million and is responsible for considerable morbidity and mortality [1-2]. The disease is transmitted by sandflies. In human, the disease occurs in at least four major forms: cutaneous, diffuse cutaneous, mucocutaneous and visceral. Leishmania epidemics have been reported in Northern India-the junction of Eritrea, Ethiopia, Sudan and southern Europe [3]. The leishmaniasis cause disabling and sometimes highly mutilating lesions. Visceral leishmaniasis is the most severe form and attacks the spleen, liver and lymph nodes. 90% of all visceral leishmaniasis cases occur in India, Bangladesh, Brazil and the Sudan [4]. Within these countries, the disease claims its victims among the most impoverished members of the community. Left untreated, the disease is usually fatal. Clinical treatment is almost totally dependent upon the use of pentavalent antimonial drugs such as sodium stibogluconate (Pentosam) as well as N-methylglucamine antimonite (Glucantime). Both antimonial drugs require high dose regimens and long courses of treatment using parenteral administration making them unreliable for wide scale use [5-6]. Moreover, resistance to antimonial drugs has been reported in the fatal form of the visceral leishmaniasis diseases [7]. Second line of drugs like pentamidine and amphotericine B have been clinically used but posses serious toxic side effects [8]. Several other drugs showed varying degrees of efficacy as well as with high level of toxicity [9-10]. Vaccination efforts have also been unsuccessful. Therefore, there is an urgent need to search for improved drug therapy against leishmaniasis. Dooars region in West Bengal covers a vast area of 8,800 sq. km in India with its unique ecosystem. Perhaps, the micro details of ecosystem is yet to be explored. People in this area has started living here hundreds of year back fighting with the odds of nature. Through this process they have gathered the wisdom to cure themselves from different types of diseases using resources available around them. There are many traditional knowledge resource persons who are just getting vanished in this age of globalization. But indigenous or traditional knowledge of human health and medicine can form a strong base for primary health care. In recent years, there has been renewed interest in plant medicine for the treatment against different diseases as herbal drugs are generally out of toxic effect reported from research work conducted on experimental model animal [7]. The use of medicinal plants for the treatment of parasitic diseases is well known & documented since ancient times. The present study deals with the assessment of Diplazium esculentum to establish its antileishmanial activity and mode of action for a potent chemotherapeutic agent against Leishmania pathogen. Diplaziumesculentum, commonly known as Dhenkir Shaak, is an edible fern found in North Bengal. The plant is often harvested from the wild for its edible young leaves (croziers). The plant is used in treating headache, pain, fever, wounds, dysentery, glandular swellings, diarrhea, and various skin infections [11].

2. MATERIALS AND METHODS

Reagents

RPMI 1640 medium and sodium thioglycollate were obtained from GIBCO Laboratories, Grand Island, New York, USA. Sodium Stibogluconate was from Gluconate Health Ltd and Percoll from Pharmacia Fine Chemicals, Sweden. All other reagents were obtained from Sigma Chemical Company, St Louis, Missouri, USA.

Filter Unit

Drug solutions and liquid media were sterilized by filtrationthrough millipore filter (0.22 um pore size, Millipore Corporation, USA).

Preparation of leaf extract of Diplazium esculentum (DE)

400 gms of dried leaves and small branches of *Diplazium esculentum* was taken in a jar of REMI Mixer Grrinder. 1300 ml of distilledwater was added to it. The mixture was grinded in the same grinder for 15 minutes at an interval of 2 minutesbetween two consecutive uses. The extract was filtered with Whatman #1 (125 mm diameter) filter paper. Theresidue was discarded and filtrate obtained at this stage was evaporated to dryness in a Flux Evaporator. The yieldof the dried powder of *Diplazium esculentum* was 17% (w/v). The powder was stored at 4°C in a desiccant foruse in various experiments.

Propagation of parasites

Leishmania donovani, strain MHOM/IN/83/AG was originally derived from an Indian kala-azar patient [12]. The strain was maintained by intracardial passage every 8 weeks in a laboratory animal model, Syrian golden hamsters. The amastigotes were isolated from the spleen of infected animals in Medium-199 (GIBCO BRL, Gaithersburg, MD, USA), pH 7.4, supplemented with 10% heat inactivated fetal bovine sera, 2mM glutamine, 25mM N-2-ethansulfonic acid (HEPES), 100U/ml peniciline G-Sodium, 100 μg/ml streptomycin sulphate. These amastigotes were injected intracardially into hamsters for the maintenance of virulent strains. Promastigotes were obtained by transforming amastigotes isolated from infected spleen [13] *in vitro*, and sub-cultured in the same medium at 22°C, at an average density of 2x10⁶ cells/ml [14].

In vitro growth of Leishmania donovani (AG83) promastigotes in presence of Diplazium esculentum extract (DE)

Leishmania donovani promastigotes were cultured in Medium-199 with or without Diplazium esculentum extract at 22°C. The crude Diplazium esculentum powder was dissolved in dimethylsulphoxide (DMSO) at a concentration of 0.1% after being assayed as non-toxic and without inhibitory effects on parasite growth. Crude extract was added to the culture medium (2.0 ml) with different concentrations ranging from 0 to 80mg/ml (serially diluted). Number of motile parasites was counted under microscope to monitor growth status in absence and presence of testing material. Initially, the parasite concentration was 1.27 x 10⁶ cells/ml, and the culture was used in

Jyoti et al RJLBPCS 2019 www.rjlbpcs.com Life Science Informatics Publications exponential growth phase. The effect of *Diplazium esculentum* against promastigotes was evaluated after 4 days of inoculation, using a Neubauer Haemocytometric chamber and calculating the percentage of growth inhibition by the formula:

$$%IC = [Tc - Tp] \times 100 / Tc$$

where

IC = percentage of growth inhibition for each period of time and for each dose of the tested product

Tc = Number of flagellate protozoa /ml present in the control tubes

Tp = Average number

Animal

Syrian golden hamsters were originally obtained from Haffkine Research Institute, Mumbai, India and bred in our animal house (CSIR-IICB, Jadavpur, India).

Collection of macrophage and preparation of macrophage monolayer:

Sterile 4% sodium thioglycollate (2-3 ml for hamsters) was injected intraperitoneally into golden hamsters. After 48 hr., sterile, ice-cold SR media [RPMI 1640 medium supplemented with streptomycin (100 ug/ml) and penicillin (100 IU/ml] was injected (20 ml for hamsters) into the peritoneal cavity with a 20 gauge needle attached to a sterile disposable syringe. After gentle massage of the abdominal region, the peritoneal fluid was withdrawn with the needle. The peritoneal exudates were pooled, centrifuged at 400xg for 10 min at 4°C and washed twice in the same media and finally resuspended in the SR medium supplemented with 10%FCS (v/v). The macrophages were counted in a haemocytometer and the concentration was adjusted with the medium. Cell suspensions containing 2x10⁵ cells in 0.2 ml were distributed to sterile coverslips (25 mm²) placed in sterile disposable petridishes and were incubated at 37°C for2 hr for cell adhesion. Then the coverslips were rinsed with SR medium (57°C) to remove non-adherent cells and then incubated with the same medium supplemented with 10% (v/v) FCS at 37°C overnight for further growth. Those macrophage monolayers were challenged with parasites on the next day.

In vitro infection of peritoneal macrophages by promastigotes of Leishmania donovani

Macrophage $(M\phi)$ monolayers adhered on coverslips, were challenged with stationary phase promastigotes suspended in RPMI 1640 media containing 10% FCS at the ratio of 1:10 . *Diplazium esculentum* extract was then added at different dosages. Infected M ϕ s were washed after 48h fixed with cold methanol and stained with Giemsa to examine intracellular parasite load under microscope.

SDS-Polyacrylamide gel electrophoresis (SDS-PAGE)

Proteins were separated by discontinuous system of Laemmli [15]in 10% polyacrylamide gels using a BIORAD® mini gel apparatus at 80v and 25mA. Briefly, the proteins were lysed in a sample buffer consisting of 60mM Tris-HCl (pH 6.8), 2% SDS, 10% glycerol and 0.025% bromophenol blue (final concentrations). 5% 2-mercapto ethanol was then added to the samples which were boiled for 5 min and immediately subjected to electrophoresis. Separated gels of 10% acrylamide and 4%

© 2019 Life Science Informatics Publication All rights reserved Peer review under responsibility of Life Science Informatics Publications 2019 Jan – Feb RJLBPCS 5(1) Page No.678 Jyoti et al RJLBPCS 2019 www.rjlbpcs.com Life Science Informatics Publications acrylamide stacking gels were used with 1mm thick gels. The protein load per well is indicated in the subsequent figure legends. Myosin (Mr 205,000), β -galactosidase (Mr 116,000), phosphorylase B(Mr 97,000), bovine serum albumin (BSA, Mr 66,000), ovalalbumin (Mr 45,000) and carbonic anhydrase (Mr 29,000) were used as molecular weight standards [Sigma chemicals]. The gels were stained with 1% coomassie blue in 50% methanol and destained in 50% methanol containing 10% acetic acid and 40% water. The non-denaturing polyacrylamide gels were made by following the procedure of Laemmli[15]except that SDS was not used and the samples were neither treated with any reducing agent nor boiled.

Assay of Superoxide Dismutase (SOD)

SOD activity was determined by the method of Marklund and Marklund [16] This method involves the measurement of autoxidation rate of 0.2 mM pyrogallol in air equilibrated 50 mM Tris-cacodylic acid buffer, pH 8.2, containing 1mM diethylenetriamine- pentaacetic acid. The rate of autoxidation was obtained by monitoring the increase in absorbance at 420nm in a Hitachi Spectrophotometer, No. U2000.

SOD has the ability to inhibit the autoxidation and the extent of inhibition is taken as the measure of the enzyme activity. One unit of SOD was defined as the amount of enzyme which inhibited the pyrogallol autoxidation rate by 50%.

Protein estimation

The protein content was determined using Folin Ciocalteu's reagent [17] after precipitating the protein with 2% sodium deoxycholate and 24% trichloroacetic acid [18]. BSA was used as standard.

Ultrafiltration

Concentration of samples by ultrafiltration was performed in an Amicon® stirred cell under pressure with nitrogen.

Statistical Analysis

This was performed by using SPSS for windows version 6.0 computer program to conduct standard deviation[19].

3. RESULTS AND DISCUSSION

Effect of *Diplazium esculentum* leaf extract (DE) on *in vitro* growth of *Leishmania donovani* (AG83) promastigotes

Leishmania donovani promastigotes were cultured individually *in vitro* upto 4 days at 22°C in presence of different concentrations of aqueous leaf extract of *Diplazium esculentum* (DE) dissolved in DMSO. Final concentration of DMSO was maintained at 0.1% (v/v). At this concentration DMSO has no effect on the growth of *Leishmania donovani* promastigotes. At a concentration of 80 mg/ml (DE), parasite growth was inhibited by 100% (Figure 1). However at a lower concentration of 50 to 60 mg/ml, promastigotes growth was inhibited by 60-75%.

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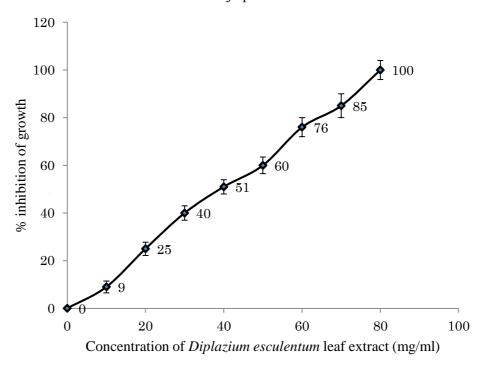


Figure 1. Effect of *Diplazium esculentum* extract on the growth rate of *Leishmania* promastigotes An established second-line antileishmanial agent sodium antimony gluconate (SAG) was used as positive control to compare the efficacy of DE towards growth of *Leishmania* parasite. SAG at a concentration of 1.5 to 2.5 mg/ml inhibits 60-80% promastigotes growth (Figure 2).

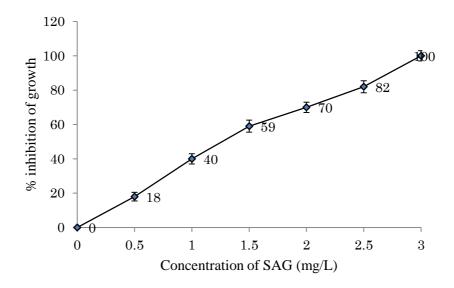


Figure 2. Effect of SAG on the growth rate of *Leishmania* promastigotes

Effect of *Diplazium esculentum* leaf extract (DE) on *Leishmania* pathogen after host-parasite interaction

Efficacy of DE was further tested on intracellular survival of *Leismania donovani* in host macrophages.Parasite burden in *Leishmania*-infected hamster Mφs were significantly inhibited in a

Jyoti et al RJLBPCS 2019 www.rjlbpcs.com Life Science Informatics Publications dose depended manner (Figure 3). At a concentration of 140 mg/ml CE, intracellular amastigotes in the *Leishmania donovani* infected hamster Mφs could not be detected.

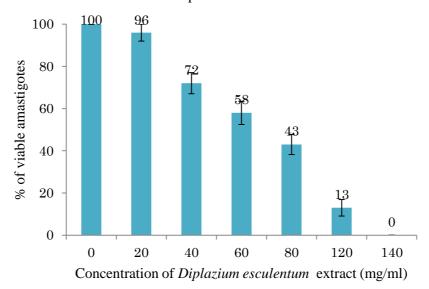


Figure 3. Dose dependent response of *Diplazium esculentum extract* on intracellular parasite burden within macrophages during leishmanial infection

Impact of *Diplazium esculentum leaf extract*(DE) on SOD activity and Superoxide radical release

Activity staining of native polyacrylamide gels clearly showed that SOD activity of *Leishmania* promastigotes was found to be inhibited in a dose dependent manner when treated with different concentrations of DE (Figure . 4). At higher concentration (150 mg/ml), SOD activity was totally lost.

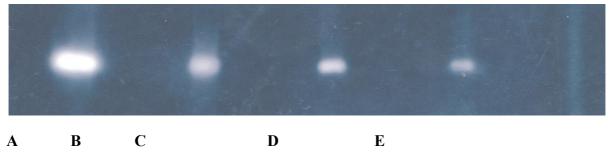


Figure 4. Activity staining of DE treated Leishmanial SOD after separating by native PAGE in a 10% gel. 60 μgm protein was loaded in each lane. Gels were incubated in nitroblue tetrazolium and riboflavin solutions and finally illuminated. SOD activity which inhibits the formation of blue formazan, was visualised as white bands on a blue blue background. (A. Without DE; B.40mg/ml DE; C. 80mg/ml DE; D.120mg/ml DE; E. 150mg/ml DE)

When commercially available Fe-SOD was treated with various concentrations of DE and then subjected to SDS-PAGE (Figure 5), intensity of the protein band gradually decreased. At 80mg/ml DE concentration, protein band for SOD could not be detected.

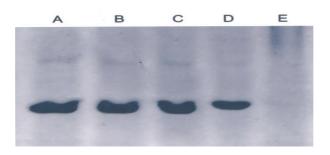


Figure 5. SDS-PAGE of Fe-SOD (*E.coli*) treated with increasing concentrations of DE. 10μgm protein sample was loaded in each lane to run on a 10% Polyacrylamide gel. The gels were stained with 0.1% coomassie blue in 50% methanol. (A. Without DE; B. 20 mg/ml; C. 40 mg/ml; D. 60 mg/ml; E. 80 mg/ml DE).

When promastigotes lysate and DE were added simultaneously (Figure 6) in the assay mixture to determine SOD activity, 38% inhibition was observed at 40 mg/ml. At the same concentration, however, 58% inhibition was found when promastigotes lysate was pre incubated with DE prior to SOD assay.

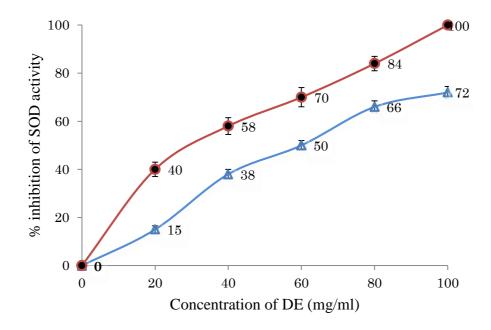


Figure 6. Status of Leishmanial SOD activity (Δ) when enzyme and DE were added simultaneously in the reaction mixture or (\bullet) enzyme and DE were pre-incubated for 30 minutes before adding to reaction mixture.

Enhancement in the rate of superoxide radical release was observed (Figure 7) due to DE treatment of *Leishmania* pathogen compared to normal parasite. At 80 mg/ml of DE, basal superoxide radical decay in parasites increased nearly two fold.

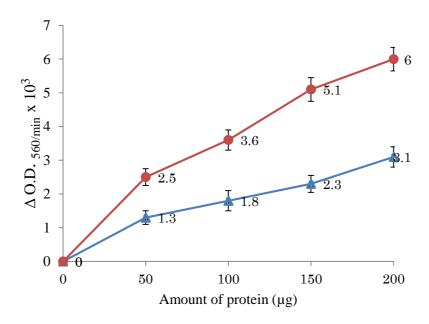


Figure 7. Rate of superoxide radical release by *Leishmania* promastigotes. Status of Leishmanial SOD activity (Δ) when enzyme and DE were added simultaneously in the reaction mixture or (\bullet) enzyme and DE were pre-incubated for 30 minutes before adding to reaction mixture.

Leishmaniasis is a major protozoal health problem worldwide. It is highly endemic in many developing tropical and subtropical countries including India. The effort to get vaccine has not yet materialized. The existing first and second-line anti-leishmanial drugs have serious side effects and are expensive [20]. Resistance to existing drugs has also become a severe problem. Therefore, there is an urgent need for effective and inexpensive drugs and vaccine to replace or supplement those in current use. Plants can make important contributions as valuable sources of new medicinal agents [21]. In this regard scientific evaluation of the rich ethno-botanical heritage of India is expected to provide modern medicine with lead compounds for the development of new drugs. This study is a part of a continuing search for new drugs (with high activity and low side effects) to treat protozoa parasites, such as Leishmania and demonstrates the usefulness of the alkamides/alkaloids/ phytochemical as a promising lead. Drug screening by the isolation of natural products seems to be an attractive approach which can result in the efficient elucidation of new lead compounds. This is a valuable option to standard screening of large compound libraries. Although a significant number of anti-leishmanial compounds have been investigated, the number of mechanistic studies is rather small. The actual target sites are unknown in most cases. It is of great importance to probe the active principles of anti-leishmanial agents for subsequent target-based drug design and employment of new screening assays. Genomic and proteomic approaches should be used to identify pathways that have already been targeted in other organisms. In primary visceral leishmaniasis, lack of response to sodium stibogluconate was observed in some geographical areas [22]. In this study Diplazium esculentum crude leaf extract was evaluated for antileishmanial activityin vitro. In vitro activity was

Jyoti et al RJLBPCS 2019 www.rjlbpcs.com Life Science Informatics Publications tested on cultured promastigotes of a pathogenic strain of Leishmania donovani. Leaf extract of Diplazium esculentum has significant antileishmanial activity oncultured promastigotes. The novelty of this extract is that it inhibits 100% parasite growth in parasitegrowth in culture and the IC₅₀ is 40 mg/ml. Superoxide dismutase (SOD) which is one of the key enzymes of oxygen defence system isknown to be an essential factor in mediating normal cellular functions [23-24]. It is an enzymic scavenger of toxic oxygen radicals, which are responsible for cell damage [25]. The role of SOD in both eukaryotes and prokaryotes has been attributed to its catalysis of the dismutation of superoxide radicals (O2⁻), producing molecular oxygen and H₂O. As a result he enzyme has been found to be targeted for the treatment of several diseases [26-28]. Leishmania and other trypanosomatid protozoa require SOD for (O2) reduction, suggesting that inhibition of this pathway could be targeted for effective chemotherapy. This possibility has been investigated using the metal complex. SOD also plays a vital role during host-parasite interaction [29]. Its activity is elevated when Leishmania parasite infects host cells [30]. In this study it has been found that SOD activity is inhibited to downregulate degree of parasite infection during DE treatment to a great extent.It is known that main form of Leishmanial SOD contains Fe as cofactor [31]. The enzyme activity is lost as shown by activity staining of non-denaturing gels. Appearance of pure Fe-SOD available from a heterologous source (E. coli) was found to be diminished during SDS-PAGE analysis in a dose dependent manner. It is presumed that inhibition of SOD and simultaneous release of superoxide radicals [32] impose toxic effect to destroy intracellular parasites during experimental visceral leishmaniasis. Diplazium esculentum crude leaf extract may be a good candidate to act as a chemotherapeutic agent against viscera lleishmaniasis. This plant may be a suitable alternative if the antimonial agents are noteffective or cannot be tolerated. Its ability to kill intracellular parasites in vitro seems to bemore effective in lower concentration compared to toxic antimonials drugs tested.

4. CONCLUSION

Present study of aqueous leaf extract of *Diplazium esculentum* (DE)against visceral leishmaniasis suggests that the natural products isolated from *Diplazium esculentum* possess interesting antileishmanial activity. Data suggest that DE may be a better choice to act as an antileishmanial agent with better efficacy. These compounds could be synthesized in large scale and evaluation of their efficacy in *in vivo* model could provide a better understanding of their role as a drug candidate.

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CONFLICT OF INTEREST

The authors declare that they have no conflict of interest.

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